



WILDWOOD

WILDWOOD, MISSOURI . . . A GREAT PLACE TO LIVE, WORK & PLAY!

# Become a Junior Trailblazer



Wildwood became a City in 1995. One of the reasons the people who lived in the area decided to make it its own City was to preserve its natural beauty. Now you get to enjoy this beauty and be healthy and fit by exploring Wildwood along its many miles of trails. By becoming a Junior Trailblazer in the City of Wildwood, you will learn lots of fun facts about the area and get great exercise at the same time. Read the Junior Trailblazer pledge and learn what it means for YOU to be a Junior Trailblazer!

When you are finished, just take this Activity Paper to Wildwood City Hall and a team member will review your work and award you with a Junior Trailblazer Prize Pack. You will also be recognized at the first City Council meeting the following month, and on the City's website.

Then you can proudly claim that you are a **Wildwood Junior Trailblazer!**



*Deer are one of the many animals found in Wildwood.*

## Attention Parents:

The Wildwood Junior Trailblazer Program is for children ages 5 to 13. The activities that must be completed to attain Junior Trailblazer status vary according to the child's age, which are indicated in the chart on Page 12. The amount of time to complete the program will vary according to how quickly you and your child visit the different trails throughout the City, but will likely take several weeks to several months. There is no time limit on the completion of the program. Happy Trails!

### Health Tip #1

Realize your abilities . . .  
Know the appropriate pace or activity level for your health and fitness level to avoid injury.

### Inside this issue:

You are here! & Mileage Marker Maze . . . . .	2-3
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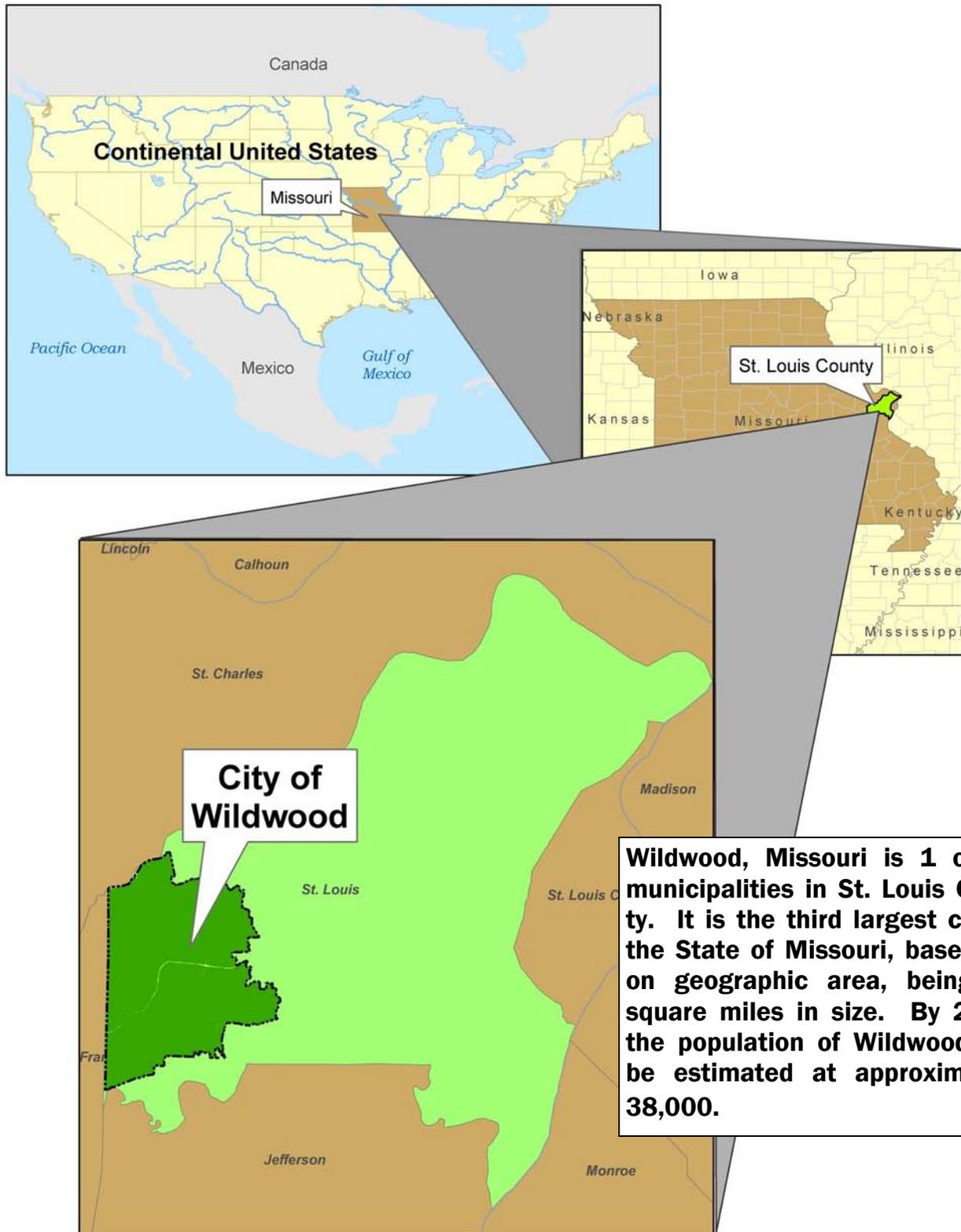
### **Wildwood Junior Trailblazer Pledge**

As a Wildwood Junior Trailblazer, I promise to respect the beauty, wildlife, and natural features of Wildwood's parks and trails and to do my best to be active, healthy, and safe.

\_\_\_\_\_ *signature*



## Your Place on the Map ~ You are HERE!







# WILDWOOD Trail Sign Bingo!

**T R A I L**

**B**



**I**



**N**



**G**



**O**



Do you play by the rules of the City's trail signage? Let's see if you can play by these rules for Trail Sign Bingo! While you are using any of the City's trails, note the signs you see along the way. Upon your return home, place a large 'X' across the pictures of those signs you saw that day and have a parent initial the box. When you get 5 X's in a row [down, across, or diagonally], BINGO! You have completed this page towards achieving Wildwood Junior Trailblazer status ~ That's a great 'sign' of following the rules!!!!

**Health Tip #2**  
**Expect the unexpected!**  
 Always wear appropriate clothing and bring a trail map, compass, sunscreen & plenty of water with you on longer hikes.

# Wildwood Junior Trailblazer Big Picture Word Find

Find and circle these words in the puzzle below; words are only used once. These words may also appear in the crossword puzzle on Page 11!

C	V	D	H	S	G	R	E	E	N	S	F	E	L	D	E	R	S	B	I	R	D	S	H	K
A	H	F	W	A	G	I	F	N	K	A	U	X	B	V	T	O	W	N	C	E	N	T	E	R
U	I	I	I	N	S	E	F	A	S	C	T	Y	R	A	S	R	E	V	I	N	N	A	Z	A
L	C	D	L	U	D	V	K	I	E	A	B	U	M	X	D	T	B	A	B	L	E	R	G	L
K	I	A	D	E	O	R	G	R	E	N	L	I	R	S	E	C	I	Q	C	R	E	E	K	R
S	T	E	W	S	O	E	E	T	R	I	O	L	C	A	S	S	Y	G	A	Y	B	R	O	F
C	Y	H	O	R	W	S	N	S	T	M	O	A	O	Y	L	A	I	R	O	M	E	M	L	Q
V	H	L	O	O	K	E	V	E	E	A	H	C	L	S	C	R	F	C	E	R	P	F	E	N
S	A	I	D	H	C	R	I	D	C	L	C	G	W	F	I	L	E	W	R	T	G	A	A	O
K	L	A	E	D	O	E	R	E	O	S	S	H	O	G	O	N	I	S	A	E	N	L	F	I
A	L	R	E	L	R	F	O	P	S	Y	D	S	N	N	L	S	G	N	O	T	X	I	S	T
T	C	T	R	I	I	I	N	L	Y	A	N	A	S	R	Z	E	T	S	G	U	E	E	W	A
E	S	R	H	W	R	L	M	R	S	R	O	S	R	E	K	C	N	E	T	P	R	R	R	V
H	D	K	O	T	U	D	E	E	T	E	P	P	O	V	N	L	C	C	R	R	A	C	N	R
T	D	C	A	S	O	L	N	V	E	M	D	H	C	A	C	R	F	E	O	M	E	R	E	E
L	M	U	R	I	S	I	T	I	M	M	L	A	K	T	P	S	E	I	M	E	O	A	K	S
A	K	H	A	L	S	W	R	R	S	U	O	L	O	T	A	L	U	D	T	A	H	M	M	N
E	A	C	N	C	I	S	A	W	X	S	U	T	U	S	B	U	A	N	L	N	R	E	D	O
H	R	D	G	Y	M	H	A	L	P	A	T	H	T	U	F	O	T	Y	S	I	E	E	L	C
K	S	O	E	C	I	L	N	P	K	R	Y	J	C	G	E	S	N	U	G	H	W	S	M	R
E	T	O	R	K	K	S	P	R	I	N	G	I	R	U	S	F	O	H	M	R	I	D	S	X
I	W	W	E	Q	U	E	S	T	R	I	A	N	O	A	S	J	Y	R	O	N	O	N	N	O
F	H	A	M	I	L	T	O	N	C	A	R	R	P	B	L	U	F	F	A	M	P	U	E	F
E	S	Y	A	W	N	E	E	R	G	R	O	C	K	H	O	L	L	O	W	I	M	A	N	F
R	H	S	L	I	A	R	T	H	O	M	E	S	T	E	A	D	F	O	P	K	N	E	M	D

GLENCOE

GREENSFELDER

GREENWAY

HAMILTON CARR

HEALTH

HIKE

HOMESTEAD

ICE

KARST

KEIFER

LEAF

LOSING STREAM

MAP

MEMORIAL

MERAMEC

MISSOURI

NATURAL RESOURCES

OLD POND SCHOOL

PARK

PATH

PEDESTRIAN

PLAYGROUND

RAIN

RANGER

RIVER

ROCK HOLLOW

ROCK OUTCROP

ROCKWOODS

SKATE

SNOW

SPRING

SUMMER

SUNSHINE

TOWN CENTER

TRAILHEAD

TRAILS

TREES

WALK

WATER

WILDERNESS

WILD HORSE

WILDLIFE RESERVE

WILDWOOD

WINTER

WOODCHUCK

### Health Tip #3

**water, Water, WATER!!!**

**Drink water before leaving on your hike and every 20 minutes while you are hiking . . . once you realize you are thirsty, you are already in the beginning stages of dehydration.**



## The Inside Story by Me . . .

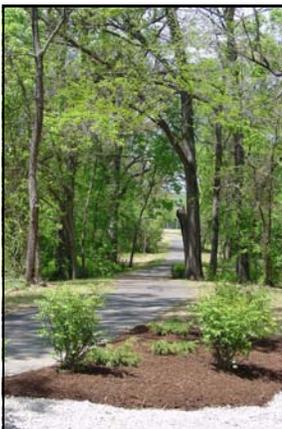
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1.) How often do you hike Wildwood trails?

2.) What is your favorite trail?

3.) Tell about a unique experience you had on one of Wildwood's trails.

4.) Draw or insert a picture of one of your favorite locations on a Wildwood trail.



**Hamilton-Carr Trail  
at Grand & Washington Avenues,  
near Glencoe City Park**

# . . . My Wildwood Trail Journal

---



5.) If you could plan a new trail, where would it be located in Wildwood?

6.) Have you encountered any wildlife on any Wildwood trails and, if so, what types have you seen?

7.) With whom do you enjoy hiking the trails with the most?

8.) What is your favorite season to hike the City's trails and why ?

Do you prefer certain trails at different times of the year and, if so, why?

Al Foster Memorial Trail  
along the Meramec River





## TRAILBLAZER TRIVIA

For Jr. Trailblazers ages 10-13, finish the sentences by filling in the blanks.  
You may use information from Pages 2, 5, 9, and 11 for clues to help!

- 1) Wildwood is \_\_\_\_ square miles in size, making it the \_\_\_\_\_ largest city in Missouri.
- 2) There are \_\_\_\_\_ major streams in Wildwood.
- 3) \_\_\_\_\_-\_\_\_\_\_ Creek is the largest watershed that is entirely contained in the City of Wildwood and is \_\_\_\_\_ acres in size.
- 4) When a channel of water disappears into the ground, possibly resurfacing in another area, it is called a \_\_\_\_\_.
- 5) Caves, springs, and limestone are characteristics of \_\_\_\_\_ topography.
- 6) When hiking in the wilderness, you should always have a \_\_\_\_\_ of the area and a \_\_\_\_\_ to help orientate you to your designated direction.
- 7) Always take plenty of \_\_\_\_\_ to drink and never hike alone!
- 8) The \_\_\_\_\_ River and the \_\_\_\_\_ River are the two rivers that all Wildwood creeks and streams flow into and define parts of the city limits to the north and the southeast.
- 9) When surface water evaporates on hot days, it may form \_\_\_\_\_ in the sky.
- 10) There are \_\_\_\_ inches in 1 foot & \_\_\_\_\_ feet in 1 mile. One acre equals \_\_\_\_\_ square feet. How many acres are in a square mile? \_\_\_\_\_
- 11) We should all recycle materials to protect our \_\_\_\_\_.
- 12) A \_\_\_\_\_ is located at either end of a trail to help guide you.

### Health Tip #4

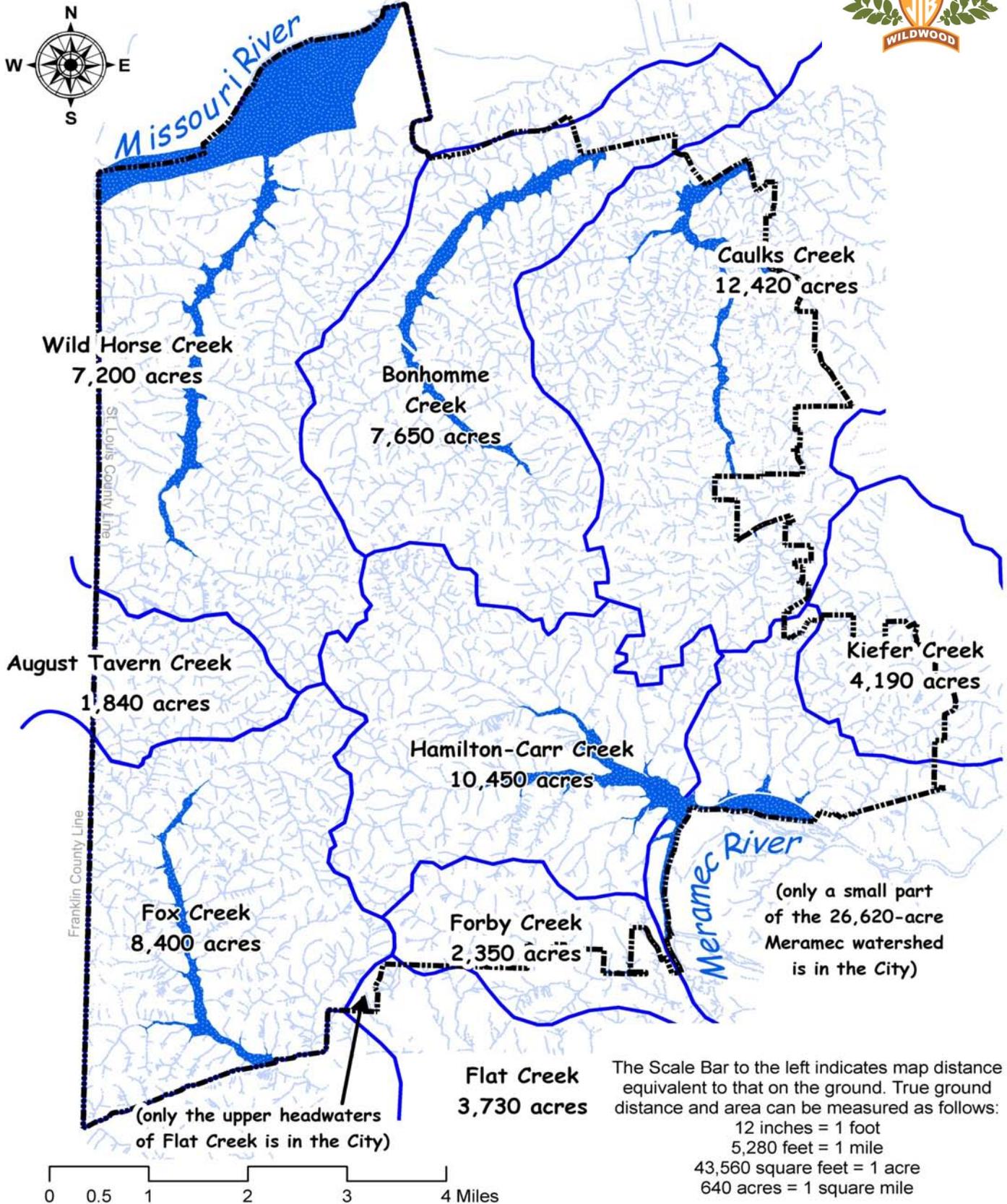
#### Use the Buddy System:

Never hike alone! Always let someone at home know where you plan on hiking, with whom & when you expect to return.

Tunnel under Old State Road at Highway 109 on the Hamilton-Carr Trail



# CREEKS, STREAMS, & RIVERS OF WILDWOOD



(only a small part of the 26,620-acre Meramec watershed is in the City)

The Scale Bar to the left indicates map distance equivalent to that on the ground. True ground distance and area can be measured as follows:

- 12 inches = 1 foot
- 5,280 feet = 1 mile
- 43,560 square feet = 1 acre
- 640 acres = 1 square mile

# Wildlife Watching & Reading Animal Tracks

Jr. Trailblazers ages 5-8, enter the name of each animal on the line in the left column. Ages 9-13, name the animals & enter the letter of the animal in their corresponding tracks box in the right column. Be sure to look for tracks while using Wildwood's trails!



**A**



**C**



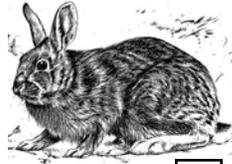
**E**



**G**



**i**



**B**



**D**



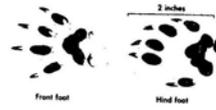
**F**

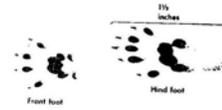


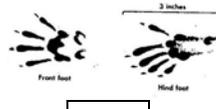
**H**

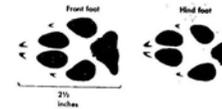


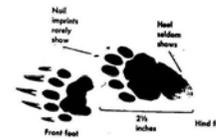
**j**

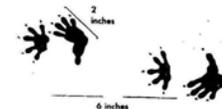


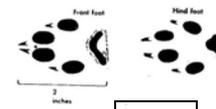


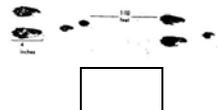


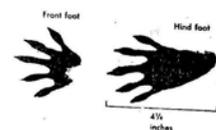


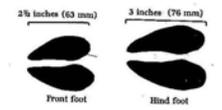








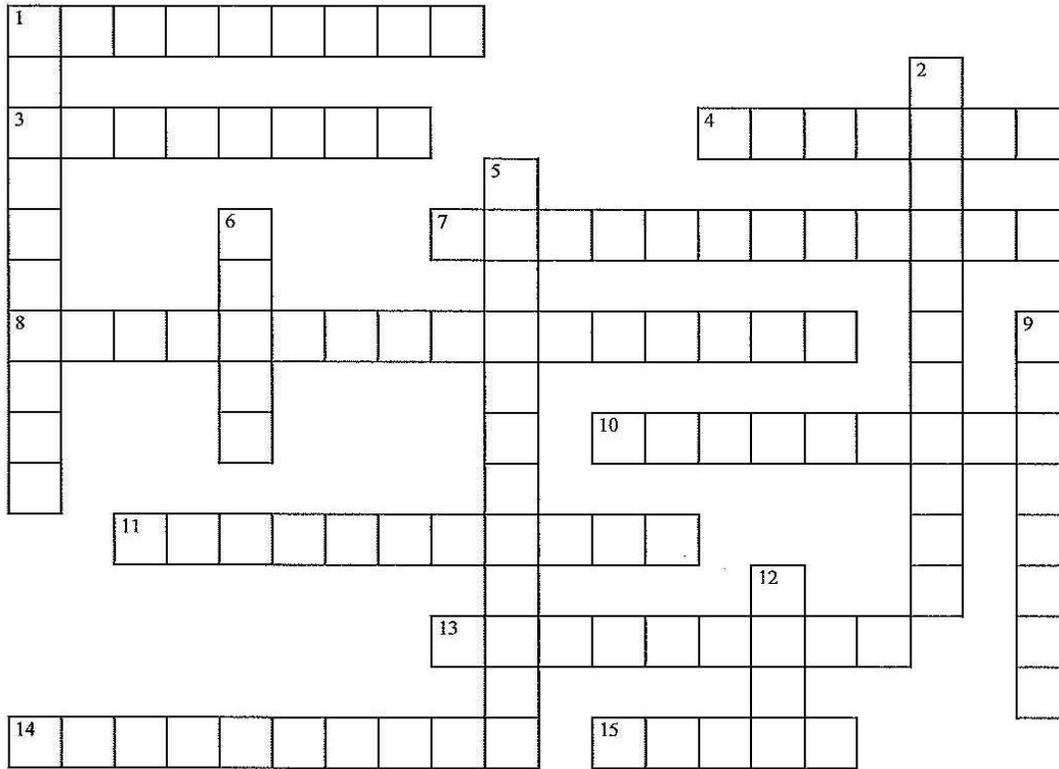




# Wildwood Junior Trailblazer Crossword Puzzle



For WJTs ages 10-13, you will find clues to this crossword puzzle in the list of words on Pg. 5!



## ACROSS

- 1 A specific location marking the beginning of a path, often containing an area to park a vehicle.
- 3 A 68-square mile area of land, located in western St. Louis County, and incorporated in 1995.
- 4 The quality or state of health; may depend upon the level or intensity of exercise a person is capable of.
- 7 A narrow channel of water running over the Earth's surface that disappears into the ground.
- 8 Pertaining to non-renewable matter of a closed system, such as the Earth's atmosphere, water, soil, etc.
- 10 An environmental community interacting and functioning as a unit.
- 11 A pioneer in a specific field of endeavor.
- 13 To ride or travel on two wheels.
- 14 Of or relating to horsemanship.
- 15 A relatively large natural stream of water.

## DOWN

- 1 815 acres of mixed-use, pedestrian-designed, development in the City's core area, based upon the New Urbanist concept.
- 2 Land set apart by a government for a specific purpose, especially a wildlife refuge.
- 5 The act or process of saving.
- 6 An area contain high amounts of limestone where erosion has produced sinkholes, caves, and losing streams.
- 9 Something established in remembrance, typically of a person.
- 12 To take a lengthy walk, typically strenuous.

### Health Tip #5

#### Emergency Symptoms:

Seek help immediately, if you feel tightness or pain in your chest, sick to your stomach, severe muscle pain or, if you are feeling faint & extremely hot, but you are not sweating.

If you have a mobile telephone, call 911. Many of the City's trails have emergency markers to help police/fire to find you. Look for these markers, when hiking.



**WILDWOOD, MISSOURI . . . A GREAT PLACE TO LIVE, WORK & PLAY!**

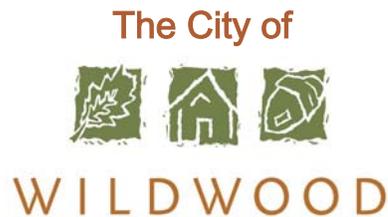
**PLEASE RETURN YOUR  
COMPLETED BOOKLET TO:**  
CITY OF WILDWOOD  
DEPARTMENT OF PLANNING & PARKS  
16860 MAIN STREET  
WILDWOOD, MISSOURI 63040

**WE ARE ON THE WEB AT:**  
[WWW.CITYOFWILDWOOD.COM](http://WWW.CITYOFWILDWOOD.COM)  
**OR CONTACT US BY TELEPHONE AT:**  
636.458.0440

## Wildwood Junior Trailblazer Rules and Requirements By Age

Age	Page 1: Sign Pledge	Page 3: Complete # of trail miles	Pages 4-7: Bingo, Word Find, & The Inside Story	Page 8: Trailblazer Trivia	Page 10: Wildlife Watching & Tracks Match	Page 11: Crossword Puzzle	Page 12: Sign upon completion
<b>5</b>	✓	5 miles	✓		Name animals		✓
<b>6</b>	✓	6 miles	✓		Name animals		✓
<b>7</b>	✓	7 miles	✓		Name animals		✓
<b>8</b>	✓	8 miles	✓		Name animals		✓
<b>9</b>	✓	9 miles	✓		Name animals & match tracks		✓
<b>10</b>	✓	10 miles	✓	✓	Name animals & match tracks	✓	✓
<b>11</b>	✓	11 miles	✓	✓	Name animals & match tracks	✓	✓
<b>12</b>	✓	12 miles	✓	✓	Name animals & match tracks	✓	✓
<b>13</b>	✓	13 miles	✓	✓	Name animals & match tracks	✓	✓

**The Wildwood Junior Trailblazer  
Program is brought to you by:**



## Participant's and Parent's signature blocks

*I have read and fully understand the requirements for the Junior Trailblazer program. I have completed the program requirements for my age.*

\_\_\_\_\_

Child's signature & age

\_\_\_\_\_

Parent's signature & date

\_\_\_\_\_

Issuing staff member & date

